PNEUMONIA

Some Facts About Pneumonia

Pneumonia germs are nearly always present in the throats of most well persons, at least during the winter and in cities. The germs may live there indefinitely without causing any diseased condition, especially if the person remains in good general health. If, however, his bodily condition falls below the normal, the germ may gain the upper hand and pneumonia result.

The prevention of pneumonia therefore becomes largely a personal matter. It consists chiefly in so living as to keep our bodies in good healthy condition all the time, according to Dr. M. P. Ravenel of the department of preventative medicine of the University of Missouri at Columbia.

Pneumonia is of two kinds, lobar pneumonia, the more common form among adults, and bronchal pneumonia, which is common in children. All types of pneumonia are infectious and caused by germs. The disease is not, however, very contagious. It may be transmitted directly from a sick person to a well person, and this often happens in a house where there is a case of pneumonia, but such is not the usual beginning of the disease.

The pneumococcus, the germ which causes the lobar form of the disease, found in the throats of well persons, is transmitted from person to person in the spray from coughing, sneezing and talking. An attack of some other disease is often complicated by pneumonia for this reason. An ordinary cold reduces resistance so that pneumonia germ grows and causes the disease. The cold does not "run into" pneumonia but it makes infection possible.

Continual overwork and excessive fatigue, or continual under nourishment may predispose to pneumonia. The use of alcohol predisposes very strongy to the disease. Pneumonia is also more severe and runs a higher mortality among alcohol users. Natural old age predisposes to pneumonia, and there is always a large number of unpreventable deaths from the disease among the aged.

Exposure to cold, unless extreme and prolonged, is seldom a predisposing factor. We may accustom ourselves to considerable cold and hence lessen the exposure factor by not bundling passed about the 1228, made it that as often as every bissex- ourselves up unnecessarily, es-Deeds filed in the Recorder's a crime punishable by a fine, for tile year, doth return, the ladys pecially about the throat. The Office, Lexington, Lafayette an unattended man to refuse to have the sole privilege during morning cold bath and plenty of urday, February 5, 1916. Compil- woman who had the courage to love unto the men, which they one to the winter weather. doe either by wordes or by look- Above all an abundance of pure The custom in a milder form es, as to them it seemeth proper; fresh air in sleeping and living Lexington, Mo. Ike H. Noyes, is referred to in a work publish- and, moreover, no man shall be rooms is important. Departed in 1606, entitled "Courtship entitled to the benefit of clergy ment of Preventative Medicine, who doth in any wise treate her University of Missouri.

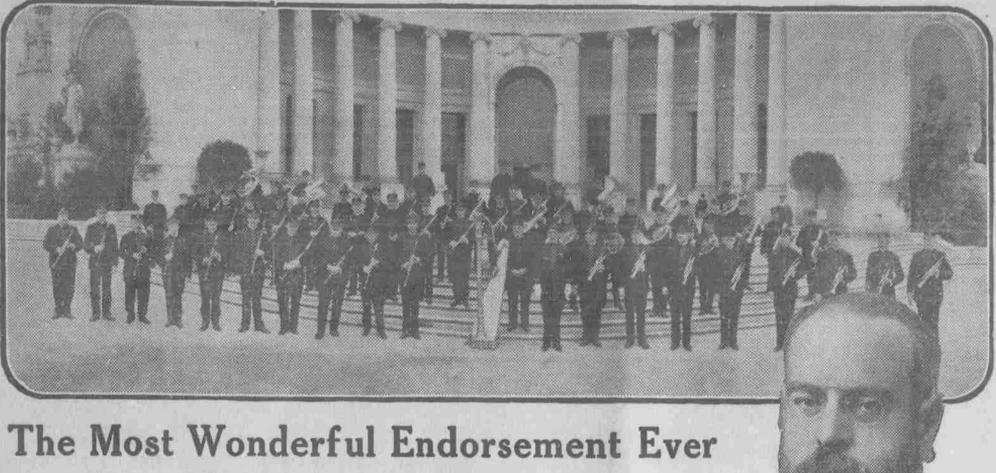
> 4.000 NOW ENROLLED AT MISSOURI UNIVERSITY

> Largest Total Registration in History of State Institution Made this Term

The number of students enolled in the University of Missouri at Columbia for the current school year, including the last 4,000 mark February 1, the second day of registration for the second semester of the 1915-16 term. This is the largest enroll-

last year was 3,572. The total Are you getting old before your of 4,000 students includes about

The Landis Christmas Savings Now I weigh 163, and I am never sick. letters similar to the above, we receive ginning of savir money. Get into a class and loo up with it. They will explai to you at [JB-4] he Traders Bank



Given Any Product

John Philip Sousa and his famous Band have circled the globe on numerous tours and inspired millions of people in many lands with their soul-stirring, inimitable music.

Mr. Sousa has been a smoker of Tuxedo Tobacco for years. Recently, at the Panama-Pacific Exposition, a newspaper representative made the discovery that every member of Sousa's Band is also a Tuxedo smoker!

Whereupon, the following endorsement of Tuxedo was gladly given and signed by Mr. Sousa and the sixty-six members of his Band. Read it—as sure-fire and convincing as a Sousa March:

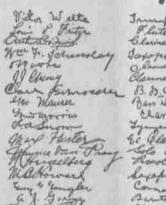
"All the vim, energy and enthusiasm we put into the playing of the 'Stars and Stripes Forever' we find in the steady use of TUXEDO."

Robert Schulze ohn U Becker R Whilly Kempe Schallborn

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Samuel Warment



Clauser Claurer B. D. Clarineto Ban ilun clar. 40 Clarine Solo Hora Supplier

me fin who Jack Kickey Wilun Kilson

JOHN PHILIP SOUSA

The March King

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No other product has ever received such a remarkable endorsement as this.

The incomparable mildness of Tuxedo appeals to men with nerves - the fact that Tuxedo does not affect their throats or nerves. And the reason is the "Tuxedo Process", that makes Tuxedo different from all other tobaccos-positively non-biting, delightfully soothing, restful and refreshing.

Tuxedo will appeal to you for the same reasons. March at a Sousa quick-step to the nearest tobacco dealer and get a tin of Tuxedo today. Smoke pipeful after pipeful all day long, every day, for a week. Then you'll know you've found the one cheer-up-andspeed-up-without-a-let-up smoke for happy, hustling Americans-TUXEDO.

You can buy Tuxedo everywhere. Convenient, glassine wrapped, moisture-proof pouch, 5c. Famous Green Tin with gold lettering, curved to fit pocket, 10c. In Tin Humidors 40c and 80c. In Glass Humidors 50c and 90c.

THE AMERICAN TOBACCO COMPANY

C. A. Keith returned Tuesday ORPINGTON BREED from a business trip to Jefferson City.

Children Cry FOR FLETCHER'S CASTORIA

HOME MONEY TO LOAN

See J. Q. Plattenburg for Home Money Reasonable rates. No Commission.

MERCHALKAL BOTH WHICH BOTH A SEE ST Peyton Nurseries Boonville, Mo. Reliable growers since 1887 Catalog to planters, Agents wanted. varancement constant pington.

CATRON-TAUBMA! Abstract & Agency Company

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Lexington, - Missouri

DEVELOPED BY COOK

Fowl That Would Give Eggs in Winter.

The Orpington is a breed of fowls of which there are twelve varieties, and the late William Manager. Cook is given credit for their origin. He spent many years in England breeding and perfecting a fowl that would lay plenty of eggs, especially in winter, and with this in mind he was suc- 7 in Texas County, Mo. cessful in bringing out the black. White, Buff, Jubilee and Spang- E. Hudson, W. D., \$3000.00 lots led Orpingtons in the order named, and in both single and rose to Odessa and a strip adjoining comb varieties. Since then other said lots. English breeders have added the single and rose comb Blue Or-

They lay brown eggs and the hens bill become broody, set and rapid growth. When matured the part lot 2, Geo. W. Corder's Sub. the females six to seven pounds. having white skin and flesh and

pinkish white legs and toes. The Buff Orplington is a handsome fowl. Their rich, golden Vaughan, W. D. \$350.00 1/2 of buff surface color, great size and handsome curves compel admiration. Among those who breed several varieties of Orpingtons there seems to be the impression The custom which ordains that I was so thin, my weight was 115. be alive, as is proven by the numerous Club is a fine plan to make a bethat the Buffs are the best lay- a woman may propose marriage ers. They are extremely docile to a man in leap year dates back and have given general satis- seven or eight hundred years. An could I am in fine health, at 52 years, faction.-New York Sun.

Real Estate Transfers.

Many Years Spent Perfecting County, Mo. Week ending Sat- become the life partner of a the time it continueth of making outdoor exercise also accustoms ed by Lafayette County Abstract 'speak ye mon she liked." Company and Financial Agents,

Robert L. Chamblin and wife Love and Matrimony." to Harry L. Gant, W. D., \$3,500, to Higginsville, Mo. W1/2 NE1/4 garde to social relations of life nal. SE14 NE14, NW14 SE14 28-28-

John C. Cobb and wife to Mary 1 & 22, block 13, Cobb's addition

Chas, Benton, et al. to Walter C. Bruening and Fred Croft, W. D. \$3250.00, 10 feet south side north 1/2 lot 4, block "L" McMeekin's addition to Higginsville.

rear the chicks. The latter are to Lloyd F. Slusher, W. D. \$344, Bettie C. Groves and husband

NW1/4 31-48-28.

Adeline Starke to Nancy H. lot 93 in Dover.

Leap Year.

act of the Scottish Parliment, thanks to Cardui. Some think I am He knows it's good.

"Albeit is has now become a proposal with slight or contumelot 8 block 12 Southside addition part of the common lawe in rely."-The People's Home Jour-

Mrs. Jones, at 52, Looks 35, and Rides Horseback as Well as She Summer Session, reached the Ever Could, Thanks to Cardui.

Bavid Ring W. D. \$1400, S1/2 S1/2 For nearly a year, I could not walk, NW1/4 NW1/4 & N1/2 SW1/4 without holding my sides with my hands. I tried several different treat-time-moping around with hollow 830 Summer Se sion students ments, but was never even relieved. I eyes, drooped shoulders, no life to do who did not return for the fall told my husband I believed I was be- anything? Brace up! Take Cardui, the term, and about 200 students in ing experimented on.

> the woman's tonic, for my complaint. women's faces, and made them glad to I ride horseback as well as I ever every day.

Onawa, Iowa .- Mrs. Anna Jones, of about 35. It was Cardul, the woman's ment in the history of the school. this place, says: "I used to be troubled tonic, that built me up. If I ever need No duplicates are counted. males weigh eight to ten pounds, The total number enrolled in shall use Cardui, for it is certainly all the University the same time that is claimed for it."

woman's tonic. It has brought the the Short Course in Agriculture. Finally, our druggist advised Cardui, glow of health to many thousands of

Ask your druggist about Card-u-i.